



# Get a free medicines check up from your local pharmacist

Do you regularly take more than one prescription medicine or take medicine for a long-term illness? e.g Asthma or Diabetes

A few minutes with a pharmacist could change your life.

A confidential medicines check up will help you:

- Find out more about your medicines
- Identify any problems
- Help you take your medicines in the best way

This is a free service, so ask about a medicines check up next time you visit your pharmacy

