

A close-up photograph of a person's hand holding a red marker. The marker is being used to check a box on a white surface. The hand is positioned in the upper right quadrant of the page.

# Get a **free** medicines check up from your local pharmacist

**Do you regularly take more than one prescription medicine or take medicine for a long-term illness? e.g Asthma or Diabetes**  
**A few minutes with a pharmacist could change your life.**

A confidential medicines check up will help you:  
Find out more about your medicines  
Identify any problems  
Help you take your medicines in the best way

**This is a free service, so ask about a medicines check up next time you visit your pharmacy**